

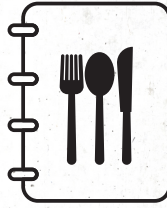
2021–2022

Dining Services

UNIVERSITY OF MANITOBA

*guide to eating on
campus*

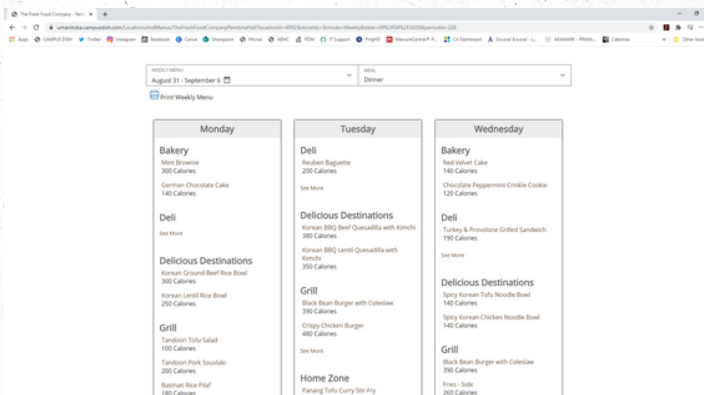




Our Menu

It all starts with the menu. Our goal is to have well-balanced menus utilizing seasonal ingredients with an emphasis on farm-to-fork. We carefully consider every menu item we serve based on the latest trends and student feedback.

Please note that our menu is subject to change without any notice. We advise to check in with a Manager on the floor for any dietary restrictions you may have.



The Fresh Food Company menu is viewable and updated in real time at:

UMANITOBA.CAMPUSDISH.COM

*Find the perfect
plan for you*

FALL SEMESTER MEAL PLANS 2021

PEMBINA HALL/ MARY SPEECHLY HALL RESIDENCE

21 MEALS A WEEK | \$2,973

21 meals to use per week at our All-You-Care-to-Eat dining hall, the Fresh Food Company in Pembina Hall. Price is per semester.

15 MEALS A WEEK | \$2,731

15 meals to use per week at our All-You-Care-to-Eat dining hall, the Fresh Food Company in Pembina Hall. Price is per semester.

10 MEALS A WEEK | \$2,522

10 meals to use per week at our All-You-Care-to-Eat dining hall, the Fresh Food Company in Pembina Hall. Price is per semester.

Meal plans expire at the end of each semester. Meal Swipes must be used within the same semester. Meal plans are valid to use for dine-in, and take-out. Installment plans available. Visit umanitoba.campusdish.com or email dining@umanitoba.ca for more information.

Dining Services
UNIVERSITY OF MANITOBA

What to know about your meal plan

MEAL SWIPES

The building blocks of our meal plans are meal swipes, which are used at our All-you-care-to-eat dining hall, The Fresh Food Company. Once you have a Meal Plan, your student ID works like a debit card. Just swipe and go!

THE FINE PRINT

Unless noted otherwise, meal plans expire at the end of each semester.

Meal Swipes must be used within the same semester.

All meal plans are non-transferrable and may only be used by the meal plan participant.

Meal plans are valid to use for dine-in, and take-out.

Installment plans available.

The purchase of a board plan (any plan indicating meals or meals per week) entitles the customer to meals in the residence dining hall (the Fresh Food Company in Pembina Hall) during the regular operating hours of the school year. This time period generally runs from September to April. Exact start and end dates for each year can be found in the residence handbook. Mandatory Meal Plans cannot be refunded. Exceptions apply.

The purchase price of each board plan has been calculated to only include meals during the regular operating hours of the academic school year.

Visit our office at 207 Pembina Hall or email dining@umanitoba.ca for more information.



FRESH FOOD CO

Hours of Operations (Fall Term)

Monday to Friday

Breakfast: 7AM to 10AM

Lunch: 11AM to 2PM

Dinner: 5PM to 8PM

Saturday/Sunday/Holidays:

Brunch: 11AM to 2PM

Dinner: 5PM to 8PM

Located in the heart of residence at Pembina Hall, FFCo. is your very own restaurant that features all access for breakfast, lunch, and dinner. An all-you-care-to-eat service available for dine in guests. The only one of its kind on campus! FFCo. hosts theme events throughout the year, international entrees, grill, deli, pizza, and much more!

Things to know:

DINE IN & TAKE OUT

When applicable, guests will be able to choose between dine in or take out. Our all-you-care-to-eat service available for dine in guests only. Guests who opt for take out will be provided a container that can filled one time during their visit.

SELF-ISOLATION MEALS

Daily meal delivery is available to all students who are required to self-isolate in their residence room. Contact the Student Residences Office at residence@umanitoba.ca for more information on this service.

TAKE-OUT MEAL CONTAINERS

All meal plan holders will have access to a reusable container should they choose take out. It is the responsibility of the plan holder to ensure each used container is returned in good condition to redeem their next take-out meal. A \$10 fee will be issued if container is lost, stolen, or damaged.

WANT TO BRING A FRIEND? FFCO IS ALSO OPEN TO THE PUBLIC! WALK-IN PRICES

Breakfast: 9.99 - Lunch: 13.49

Brunch (Saturday/Sunday/Holidays): 13.49

Dinner: 16.49

*plus applicable taxes



Where to eat on campus

DINING HALL

The heart and soul of our program is our all-you-care-to-eat (when applicable) dining hall located in Pembina Hall. This location offers a wide array of cultural cuisines daily, along with fun and exciting food-centric events! Accepts: Meal Plan Swipes, Cash, Interac, Credit.

THE FRESH FOOD COMPANY

FOOD COURT

In addition to our dining hall, a variety of comfort foods, regional favorites and rotating local vendors make their home on campus. Find us serving up hot meals and healthy options all in one place. Accepts: Cash, Interac, Credit.

CAMPO - UNIVERSITY CENTRE | SUBWAY BANNATYNE CAMPUS

CANTEENS AND CAFES

Visit one of our on-campus canteens for a selection of grab-n-go sandwiches, salads, fresh fruit cups, snacks, coffee, drinks, or anything else you'd need to grab on the run to your class, or stock up for studying. Accepts: Cash, Interac, Credit.

GREENHOUSE CAFE | DAYSIDE CAFE | THE STARTING BLOCK

COFFEE SHOPS

Get cozy with your favourite caffeinated beverage and a pastry at one of our coffee shops across campus.

Accept: Foodbucks, Cash, Interac, Credit, Franchise Loyalty Cards

STARBUCKS BANNATYNE | TIM HORTON'S

Fort Garry Campus





How we are keeping you safe

Good food brings people together. It's our goal to ensure that this still happens this year, even if that food must be enjoyed apart. We want you to feel comfortable and confident about eating on campus, which is why health and safety is our number one priority for every meal we serve.



At the Fresh Food Company, we have worked to make it possible for you to get your food while minimizing contact with surface and practicing physical distancing. Our Chef has developed a menu that continues to deliver exciting, healthy, and flavourful choices while taking into consideration physical changes to the environment.

Your health, safety and peace of mind are important to us - here are just of the things we are doing to ensure you stay safe:

- Increased cleaning of high-touch surfaces (tables, handles, etc.)
- Frequent hand washing and use of gloves
- Removing potential contamination points (shared condiments, etc.)
- Checking associate health prior to starting work
- Extended sneeze guards and use the of face masks



Keep an eye out for our floor markers in our servery area:





Hey Chef Mobile App



HUNGRY? DINING SERVICES HAS YOUR ON-CAMPUS FOOD NEEDS COVERED!

Dining Service' Hey Chef app is currently offering delicious menu items from Dining Services' Grill, Pizza, Wok, Subway, and more! The food pickup service is available for anyone on campus; food can be picked up at your station of choice at the UMSU University Centre CAMPO Food court!



GET YOUR ESSENTIALS FROM THE C-STORE CORNER VIA HEY CHEF.

C-Store Corner is your one shop stop to get your every day grocery items. Pick up at Pembina Hall. Follow the Hey Chef floor stickers to take you to the pick up location.



New customers get \$5.00 off their first in-app food purchase! Scan the QR code with your phone camera or search "Hey Chef by Aramark" in the iOS App Store or Google Play.

Use code: UOFMB to access UManitoba locations.



Download on the
App Store



GET IT ON
Google Play



Reusable Containers

In place of single-use containers, we have provided students with reusable containers, cutlery, and drink cup to use at The Fresh Food Company.

By opting for reusables, you're saving resources, energy, greenhouse gas emissions and single-use garbage from landfills.



THINGS TO KNOW

- Bring your cleaned reusable container and cup to the dining hall when you plan to take-out.
- Visitors are limited to 1 full container of food and 1 drink.
- Unfortunately all-you-care-to-eat service does not apply to take-out.
- Reusable containers, cutlery, and cups are the property of Aramark Canada.
- Lost or damaged reusable containers are subject to a \$10 replacement fee.

Dining in? Trade in your reusable container for a chit for the next time you plan to get your food to-go. Applicable for when Dining in option is available!

